# Pre-Hospital Emergency Nursing in Primary Services in Indonesia: Current Condition, Research Perspective & Prevention Program for SDGs

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### **Abstract**

Primary Health Care (PHC) is essential health care made universally accessible to individuals & acceptable to them, through their full participation & at a cost the community & country can afford. Prehospital care is a crucial aspect of emergency medicine that involves providing medical assistance to patients before they arrive at a hospital or healthcare facility. Emergency cases in PHC is need attention from healthcare providers to minimize the hazardous and harm for continuing of care in hospital (secondary and tertiary of care). Therefore, it is need to develop emergency management systems and healthcare emergency teams in Indonesia setting. Indonesia has many emergency cases, including disaster, outbreaks, accidents and injuries, and maternal and neonatal emergency. The system is need supporting a healthcare providers training, improving their knowledge, budgeting in UHC, and infrastructure in community health setting. Nurses have important role for supportive pre hospital care in emergency cases in community in the qualification of SDGs based program. This paper is described "Pre-Hospital Emergency Nursing in Primary Services in Indonesia: Current Condition, Research Perspective & Prevention Program for SDGs" regarding a literature review from previous studies. Then, the preventive and promotive program regarding community and family-based program are also analyze to support how to develop community health program in PHC to achieve SDGs.

**Keywords**: Pre-hospital care; Emergency care; Primary health care; Sustainable development goals.



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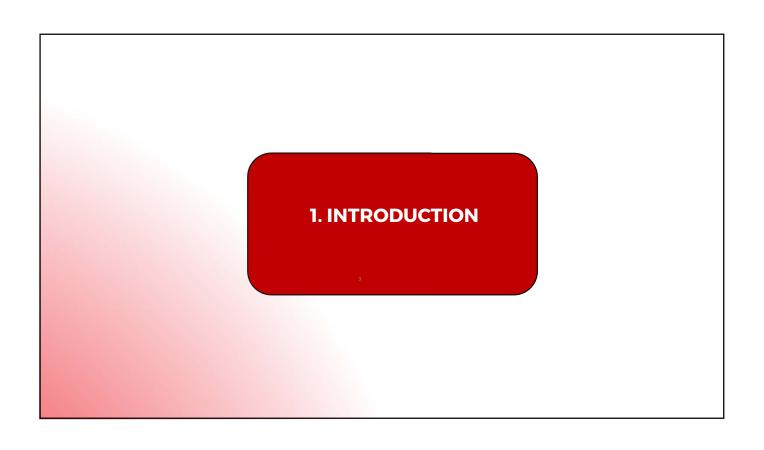
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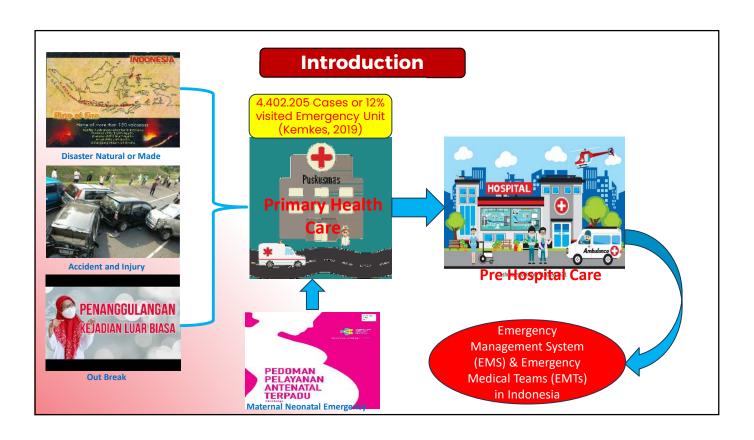
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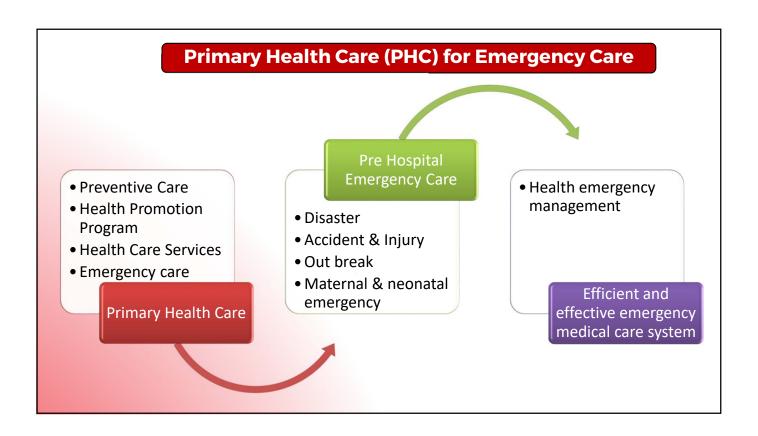
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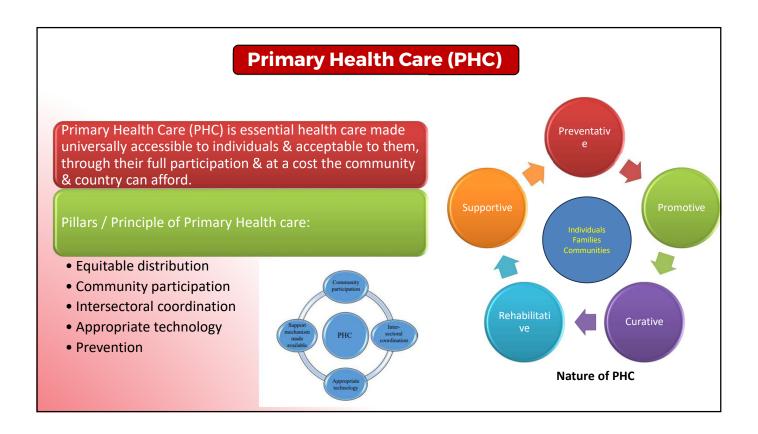
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- 4. Nursing and the Sustainable Development Goals: From Nightingale to Now
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- 6. Strengthening Primary Health Care: Emergency and Disaster Preparedness in Community with Multidisciplinary Approach
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# **Pre Hospital Care**

Prehospital care can be defined as the care received by a patient from an emergency medical service before arriving at a hospital

Prehospital care is a crucial aspect of emergency medicine that involves providing medical assistance to patients before they arrive at a hospital or healthcare facility

Prehospital care is often the first point of contact between a patient and the healthcare system and plays a critical role in reducing mortality and morbidity associated with acute illnesses and injuries.

This type of care is typically delivered by EMS personnel, who are trained to provide a range of treatments and interventions to stabilize patients and prepare them for transport to a hospital.

Prehospital care plays a vital role in improving patient outcomes, as early intervention can often mean the difference between life and death

2. Current situation of emergency in Southeast Asia Region

# **Emergency Cases in SEA**

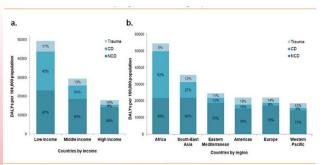


Fig 1. Disease adjusted life years lost per 100 000 population by Regions and income groups

Among all WHO Regions, the SEA Region has the second-highest burden of disease-adjusted life years (DALYs) per 100 000 population attributable to emergency conditions (Figure 1).

Table 1: Projections of mortality in the SEA Region by cause for 2015 and 2030

Year	2015		2030	
Population (thousands)	n (thousands) 1 920 761		2 205 146	
GHE 2012 cause category	Deaths	% Total	Deaths	% Total
All Causes	14 851 365	100	18 594 698	100
I. Communicable, maternal, perinatal and nutritional conditions	3 747 909	25	2 997 897	16
II. Non-communicable diseases	9 427 778	63	13 472 109	72
A. Cardiovascular diseases	4 159 313	28	5 872 482	32
B. Respiratory diseases	1 711 507	12	2 560 625	14
C. Malignant neoplasms	1 412 145	10	2 309 860	12
D. Diabetes mellitus	433 915	3	690 283	4
III. Injuries	1 675 678	10	2 124 691	10

This projection shows a significant decrease in mortality from communicable, maternal, perinatal and nutritional causes from 25.2% to 16.1%. However, there is a projected rise in deaths due to non-communicable diseases (NCD) from 63.5% in 2015, to 72.5% in 2030, which is a cause for concern.

Source: WHO. (2020). Strategic directions to integrate emergency care services into primary health care in the South-East Asia Region.

# **Death by Injuries in SEA**

### Table 2: Deaths (thousands) by injuries estimated in 2015 and projected in 2030 in the SEA Region

	Estimated injury deaths 2015	Projected injury deaths 2030
1	Road injury (29%)	Road injury (29%)
2	Self-harm (18%)	Falls (22%)
3	Falls (17.8%)	Self-harm (17%)
4	Other unintentional injuries (15%)	Other unintentional injuries (14%)
5	Drowning (7%)	Drowning (6%)
6	Interpersonal violence (6%)	Interpersonal violence (5%)
7	Fire, heat and hot substances (4%)	Fire, heat and hot substances (3%)
8	Poisoning (2%)	Poisoning (2%)
9	Collective violence and legal intervention (0.16%)	Exposure to forces of nature (1%)
10	Exposure to forces of nature (0.03%)	Collective violence and legal intervention
		(0.07%)

Figure 2: Estimated road traffic fatality rate by country, 2013 and 2016, SEA Region countries



- Injuries, road injuries, self-harm, falls and other unintentional injuries are among the main causes of morbidity and mortality (2015) and projected to remain so till 2030 (Table 2).
- Among injuries, road crashes are the commonest cause in the SEA Region and likely to remain so, increasing from 24.7% in 2015, to approximately 29% in 2030
  - Figure 2 illustrates estimated, country-specific road traffic fatality rates per 100 000 population in 2013[10] and 2016.
  - There is variation between the efforts made by Member States to decrease their road traffic deaths.
  - While many were able to decrease fatality rates, some showed an increase in their rates.

Source: WHO. (2020). Strategic directions to integrate emergency care services into primary health care in the South-East Asia Region.

## **Road Traffic Deaths in SEA**

Table 3: Number of estimated road traffic deaths by country, 2013 and 2016

	2013		2016		
Country	Estimated number	%	Estimated number	%	
Bangladesh	21 316	6.86	24 954	6.29	
Bhutan	114	0.04	139	0.04	
India	207 551	66.76	299 091	75.37	
Indonesia	38 279	12.31	31 726	7.99	
Maldives	12	0.00	4	0.00	
Myanmar	10 809	3.48	10 540	2.66	
Nepal	4713	1.52	4622	1.16	
Sri Lanka	3691	1.19	3096	0.78	
Thailand	24 237	7.80	22 491	5.67	
Timor-Leste	188	0.06	161	0.04	
Total	310 910	100.00	396 824	100.00	

- In 2013, more than two thirds of deaths due to road traffic injuries in the SEA Region occurred in India, and this increased to over three fourths of deaths in 2016 (Table 3).
- · About a third of deaths occur at the site of injury, 10-15 % during transit and transfer, and the rest are managed in hospitals, which places a heavy burden on ECS.
  Source: WHO. (2020). Strategic directions to integrate emergency care services into primary health care in the South-East Asia Region.

### **COVID-19 Eemergency**

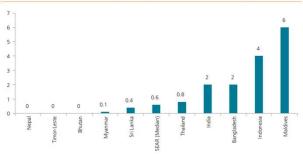
Table 4: COVID-19 in the SEA Region (last update: 25 May 2020)

Country	Total confirmed cases	Total deaths	Transmission classification
Bangladesh	32 078	452	Clusters of cases
Bhutan	24	0	Sporadic cases
India	131 868	3 867	Clusters of cases
Indonesia	21 745	1351	Community transmission
Maldives	1313	4	Clusters of cases
Myanmar	201	6	Clusters of cases
Nepal	584	3	Sporadic cases
Sri Lanka	1089	9	Clusters of cases
Thailand	3040	56	Clusters of cases
Timor-Leste	24	0	Clusters of cases
South-East Asia Region	191 966	5748	

- As of May 2020, the SEA Region is not yet the one most severely affected by the COVID-19 pandemic.
- Figure 3 and Table 4, the median number of COVID-19 deaths per million population in the SEA Region at the present time is 0.6, as compared to 263 in the United States of America, 584 in Spain, 495 in the United Kingdom, and 519 in Italy

Figure 3: COVID-19 mortality in SEA Region Member States per million population

- As of 25 May 2020, there were more than 190 000 cases of COVID-19, and more than 5700 deaths from it in the Region.
- A significant number of the patients would have accessed emergency services, at one time or the other.
- Furthermore, due to the lockdowns associated with COVID-19 and a variety of other reasons, many patients who required health services including emergency services, may not have been able to access them.
- Table 4 reflects the situation of COVID-19 in the Member States of the SEA Region.



Source: WHO. (2020). Strategic directions to integrate emergency care services into primary health care in the South-East Asia Region.

3. Strategic directions to integrate emergency care services into primary health care in the South-East Asia Region

# Strengthening the building blocks of the health system for integrating ECS

- The six building blocks of the health system also hold good for the primary care system.
- All variables needing consideration when applying a macro-block to a micro-block of the health system, or, when finalizing integration at PHC level, need to be addressed with the utmost sincerity and in detail.

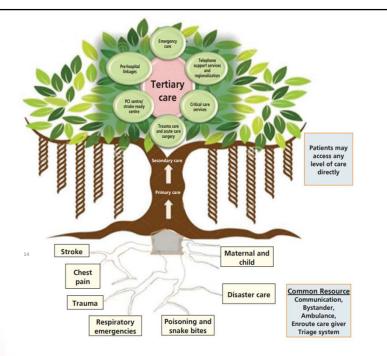
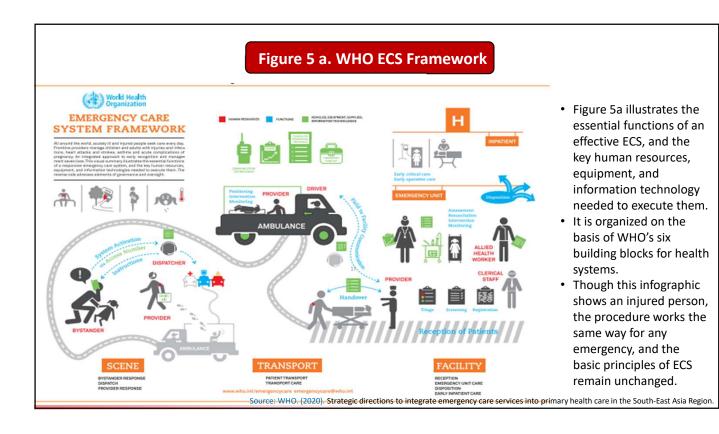


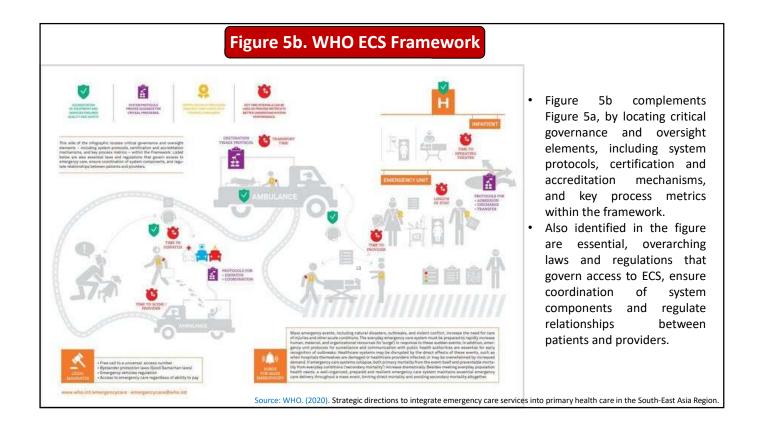
Figure 4: Integrated model: The roots feeding the emergency care system the emergency care system

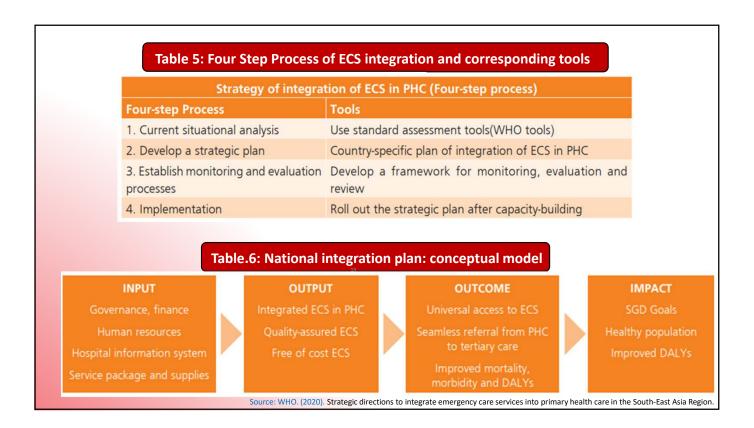
Source: WHO. (2020). Strategic directions to integrate emergency care services into primary health care in the South-East Asia Region.

Table 5: Strategic inputs for six health system building blocks to integrate ECS in PHC			
The six building blocks of the health system	Strategic components reflecting integration of ECS in primary health care (PHC		
1. Leadership and governance	<ul> <li>Omnibus law and policies for integrated ECS, governance structure of ECS</li> <li>Regulatory mechanism and accountability processes</li> <li>Country-specific planning(processes and outcomes) of framework for short-/long -term implementation</li> <li>Ethical governance based on foundations of justice and fairness</li> </ul>		
2. Smart financing for cashless ECS	<ul> <li>Pooling of financial resources (revenue and taxation)</li> <li>Development of single payer system for ECS • Country-specific financial models for cashless ECS</li> <li>Budget impact assessment weighting improved DALYs, versus cost effectiveness of integrated ECS</li> </ul>		
3. ECS human resource development	<ul> <li>Compulsory capacity development of existing human resources (doctors, nurses, technicians, support staff, and field health workers) in integrated ECS, through standard/modular/IT-enabled training programmes</li> <li>Generation of new batches of expert emergency physicians, nurses and technicians through emergency medicine, emergency nursing and emergency technician residency programmes at all medical schools</li> <li>Development of a database of manpower with different skill domains, so that they can be rapidly deployed during emergencies for capacity enhancement and training of trainers.</li> </ul>		
4. ECS integration within PHC	Hands-on training of all PHC staff in ECS      Developing telemedicine-based support to PHC Staff, to improve quality of ECS      Establishing ECS protocols and SOPs in PHC     Js      Documentation of processes and their impact on public health      Supply chain management of equipment and material in PHC      Timely access to safe patient transfer between PHC and secondary and tertiary care      Inbuilt quality assurance and quality improvement programmes      Regular national assessment of ECS in PHC      Community engagement to improve quality and utilization of ECS in PHC		
5. Use of technology in medicine	<ul> <li>Supply chain management for medicines, equipment, accessories in PHC</li> <li>Using artificial intelligence to generate warnings on outbreaks and disease patterns</li> <li>Promoting innovation, research in the SEA Region, m-health and e-health to improve the quality of ECS in PHC</li> </ul>		
6. Health information system	<ul> <li>Generation of good quality data from primary, secondary and tertiary care</li> <li>Data mining at Regional and national level to generate trends</li> <li>Data-sharing protocols for improvement of delivery of emergency care</li> </ul> Source: WHO. (2020). Strategic directions to integrate emergency care services into primary health care in the South-East Asia Region.		

	Table 6: How integrated ECS in PHC can help achieve SDG goals for 2030			
SDG goal	Description of SDG	Role of ECS in PHC		
3.1	Reduction of global maternal mortality rate	Training of PHC staff for early management of hypertension, diabetes, sepsis and hemorrhage in pregnancy in PHC		
3.2	Reduce under 5 and neonatal mortality	Treatment of diarrhea, pneumonia and sepsis in PHC		
3.4	Reduce premature mortality due to non communicable diseases	Timely and evidence based management and referral of myocardial infarction, stroke, asthma, obstructive airways disease, poisonings, snake bites and other injuries in PHC		
3.6	Halve the number of deaths and injuries due to Road traffic accidents	Immediate post crash care, proper stabilization and then smooth referral by trauma life support trained staff in PHC and ambulances		
3.8	Universal health coverage and financial risk protection	Accessible ECS beginning in PHC and integrated with secondary and tertiary care, free of cost for all people		
3d	Strengthen the capacity of LMICs for early warning, risk reduction and risk management for global health risks	Integrated ECS with inbuilt data collection, analysis and sharing platforms to generate early warning signals through ongoing syndromic surveillance and use of artificial intelligence systems.		
16.1	Significantly reduce violence and related deaths	Trauma, life-support trained staff at all levels to provide evidence-based care and reduce violence related mortality		
	Source: WHO. (2020). Strategic directions to integrate emergency care services into primary health care in the South-East Asia Regio			



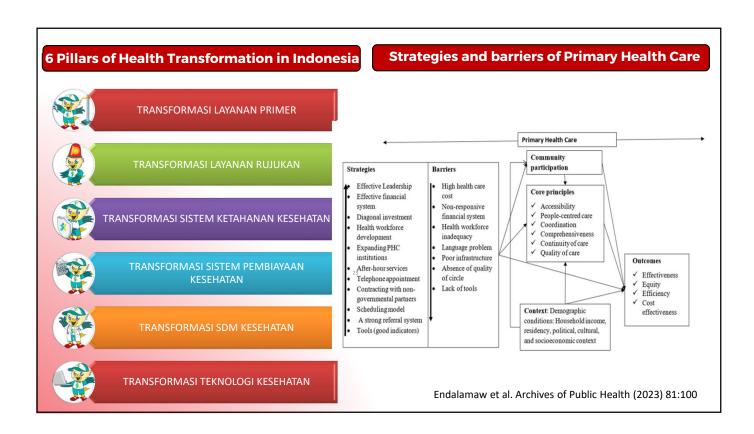






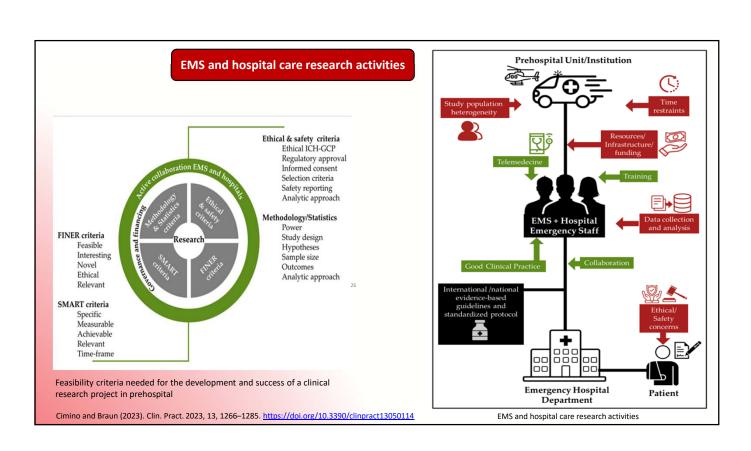


### Prehospital care in Indonesia Table 2 Three levels of paramedic at 118 Emergency Ambulance Service 118 Emergency Ambulance Level 1 Level 2 Service Three years On the job and classroom One year One year On the job and classroom Rotate between 118 and hospital Paramedic departments Intensive therapy unit and other Paramedic Anatomy and physiology Prehospital trauma life support Basic life support skills Coronary care unit Paediatric and neonatal ICU Prehospital cardiac life support training Cannulation Prehospital neurology Administration of drugs Paediatric and neonatal emergency **Burns unit** transport Basic life support Urban and rural emergencies Haemodialysis unit (including psychiatry and toxicology) Major incidents Emergency department Operating theatres Provision of Provision of Ambulance driving Search and rescue techniques Medical first responder ambulances ambulances Basic trauma life support Survival skills Basic cardiac life support Basic paediatric life support Basic neurology Pitt & Pusponegoro (2015). Emerg Med J 2005;22:144–147. doi. 10.1136/emj.2003.007757

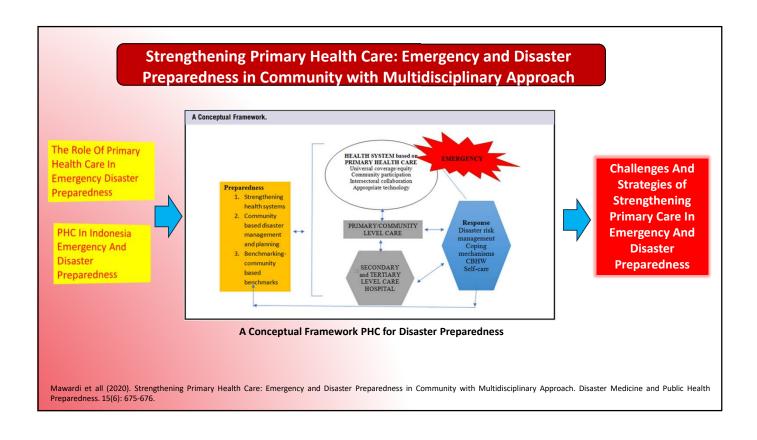


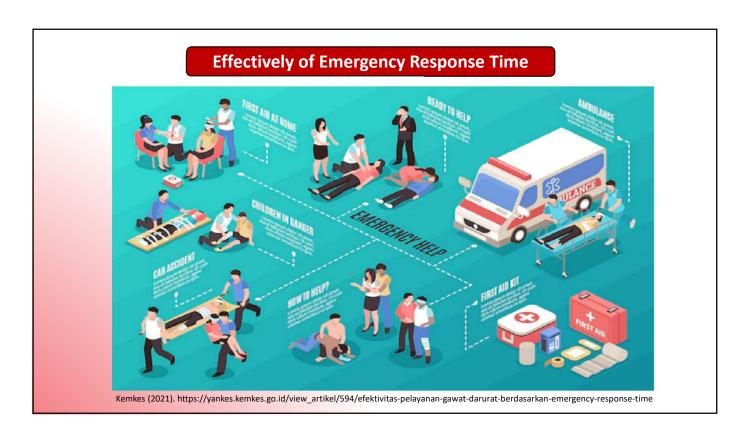






6. Strengthening Primary Health Care: Emergency and Disaster Preparedness in Community with Multidisciplinary Approach





7. Primary health care and health emergencies

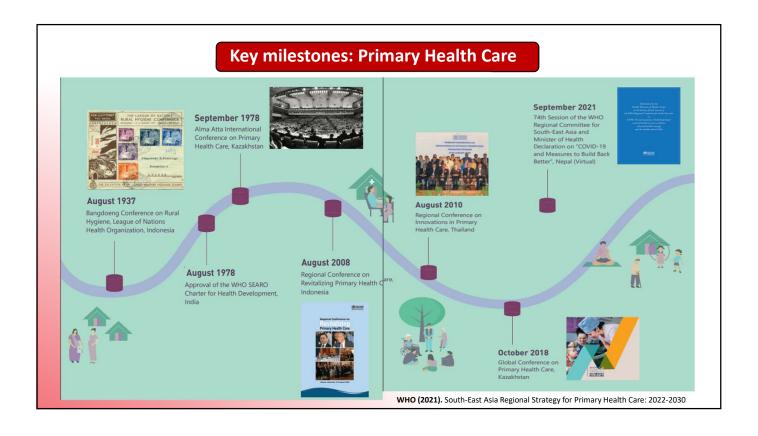
# **Primary Health Care (PHC) & Emergency Care**

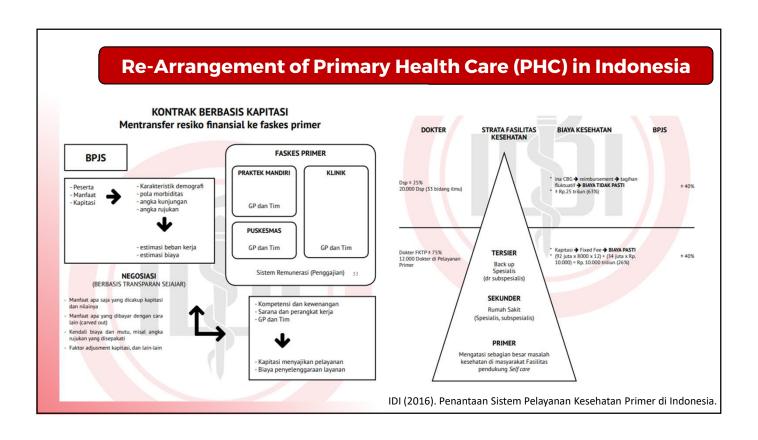
### Elements of Primary Health Care (PHC):

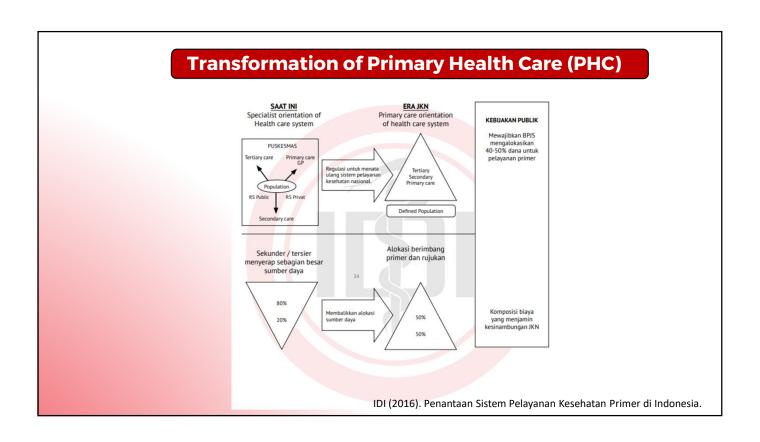
- · Education concerning prevailing health problem & the methods of preventing & controlling them
- Promotion of food supply & proper nutrition
- An adequate supply of safe water & basic sanitation
- Maternal & child health care, including family planning
- Immunization against major infectious diseases
- Prevention & control of locally endemic diseases
- Appropriate treatment of common diseases & injuries
- Provision of essential drugs

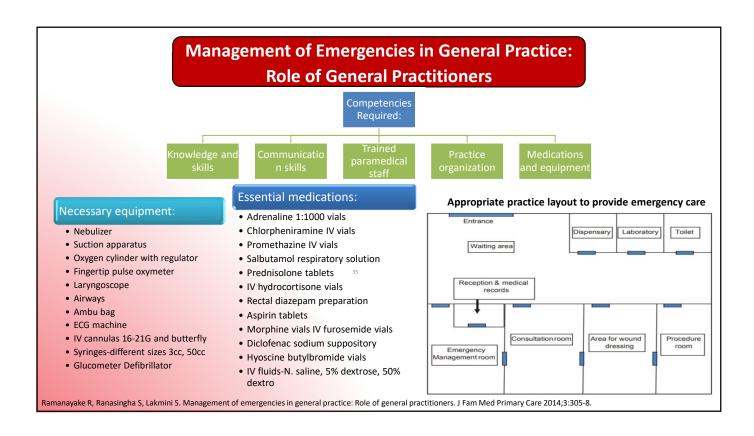
### Emergency Care:

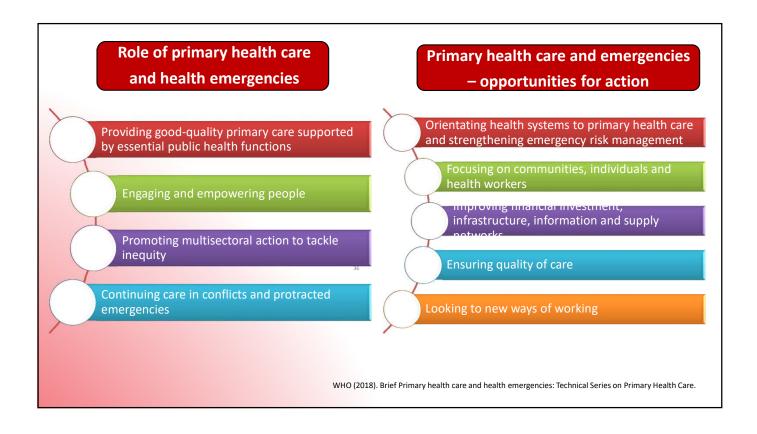
- Emergency care and pre hospital in Indonesia are still in an early phase of development, but have improved since pandemic COVID-19 and EM physician and nurse training program
- Increased EMS system was improved related accident and injuries cases, pandemic COVID-19, maternal and neonatal cases, or disaster and out breaks



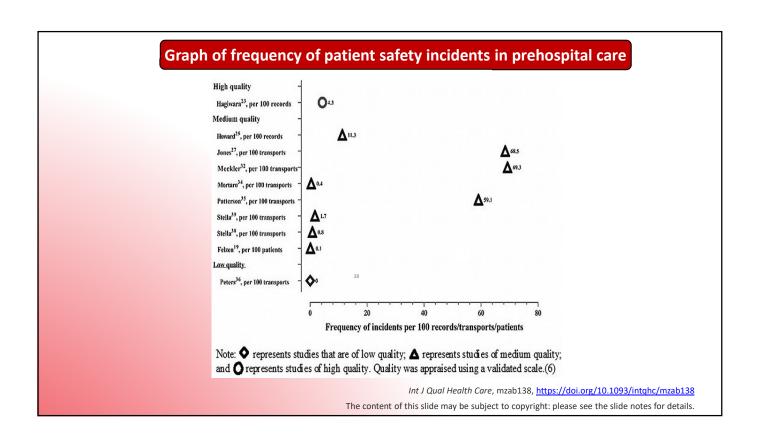




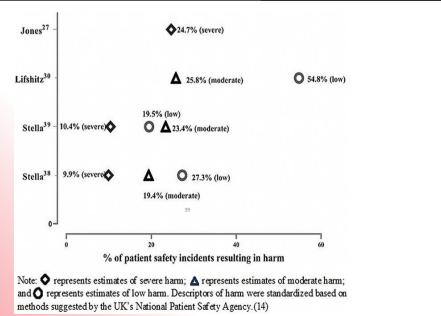




# How safe is prehospital care? PSI; defined as any unintended or unexpected incident(s) that could have or were judged to have led to patient harm. **Potentially** Hazardous **Prevalence Health Care Prehospital** and level Care System of harm Patient safety incident (PSI) Prevalence and harm associated with PSIs in prehospital will support an understanding of how often they occur and the harm they cause to patients O'Connor et al. (2021). International Journal for Quality in Health Care, Volume 33, Issue 4, 2021, mzab138





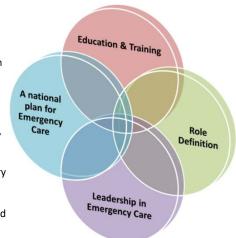


Int J Qual Health Care, mzab138, https://doi.org/10.1093/intqhc/mzab138

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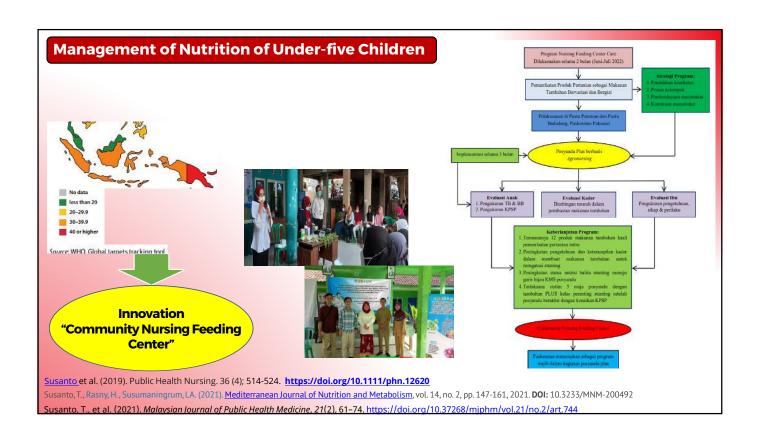
# Consensus-based recommendations for strengthening emergency care at primary health care level

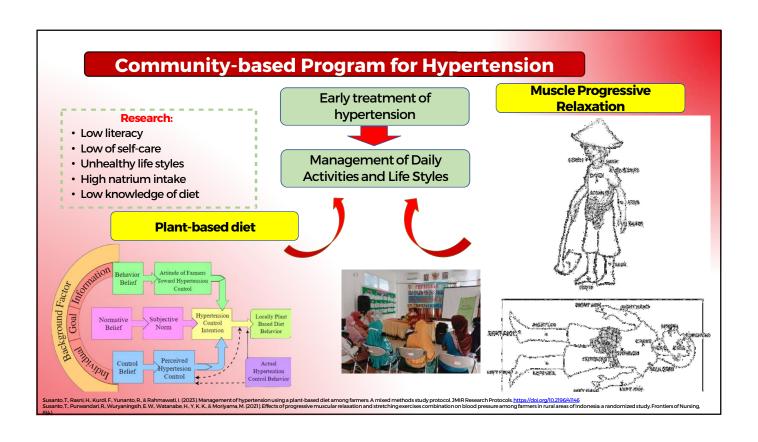
- Emergency care at a primary health care (PHC) level must be strengthened to reduce overall mortality and morbidity in any country.
- Developing recommendations for improvement in this area should take into consideration the context and nuances of the current emergency care system and primary health care context.
- Contribution to policy from the experts in the cross-cutting fields of PHC and emergency care is lacking.
- A well-coordinated emergency care system with adequately trained health care providers, clear direction and leadership and a contextually relevant referral system should be a national priority.
- Fourteen consensus based recommendations for strengthening emergency care at primary
  and subsequent levels of health care are presented, which if implemented have the
  potential to improve care, and reduce the burden of mortality and morbidity caused by
  poor emergency care beginning at the most basic, entry level of care to the most advanced
  facilities
- The need to conduct a broad-based assessment of emergency care nationally has been highlighted in order to support the recommendations.

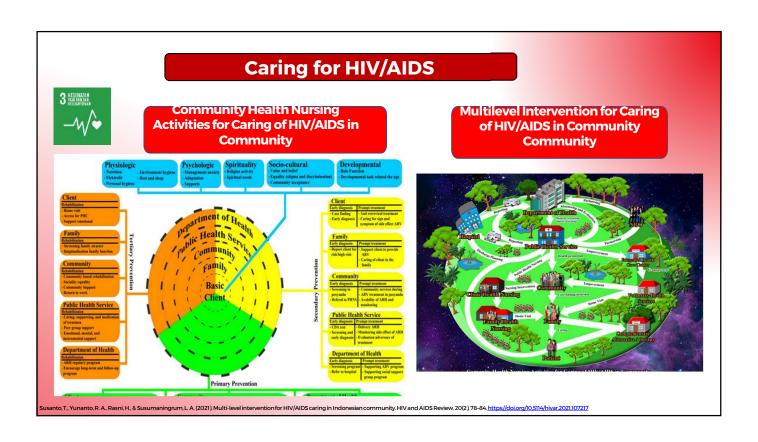


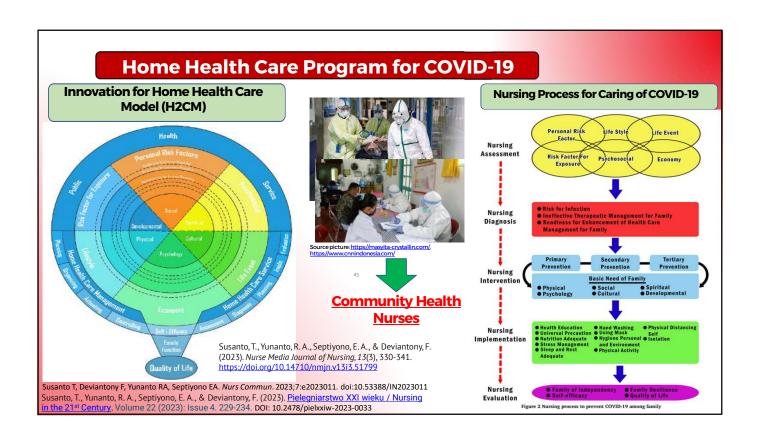
Meghan Botes, Judith Bruce & Richard Cooke (2023) Consensus-based recommendations for strengthening emergency care at primary health care level: a Delphi study, Global Health Action, 16:1, 2156114, DOI: 10.1080/16549716.2022.2156114

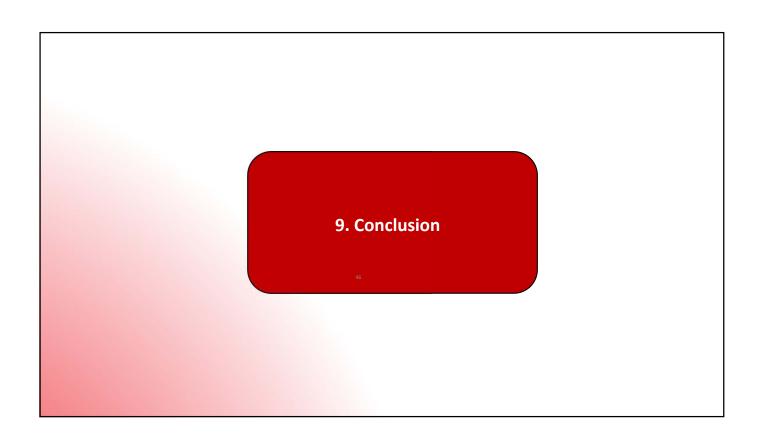












### Conclusion

The increasing number of disasters and communities affected, coupled with the threats from climate change, has drawn not only national but also international attention to the risks of disasters and what can be done about them.

It is important for communities and all global partners to be more prepared by taking action before disasters occur through disaster risk reduction, including the efforts of emergency preparedness, as well as through disaster response and recovery.

To meet the emergency public health needs in any population, there is no other option than strengthening the primary health care system.

For this goal, practitioners from various professions can work together and share an affinity in synthesizing knowledge and bridging gaps across functional areas.

These include the disaster risk assessment and preparedness involving several disciplines for limiting human and material damage.

This primary health care strategy with a multidisciplinary approach is the best possible method in developing improved approaches for disaster risk reduction and emergency preparedness by improving health emergency management plans and protocols.

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